



St Patrick

Anglican Church



The Anglican Catholic Church (ACC) is a
Continuing Anglican Church body

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THE BREASTPLATE

March 2026

LENT 2026



I had a friend in college who was Lutheran. One spring, I asked him what he was giving up for Lent. "Watermelon!" he replied firmly, "Yep, no watermelon for me for the next 40 days!" Of course, he was joking, but his answer makes me think about how lightly we treat Lent. In 1966, shipping fresh fruit from South America was very costly. There was



Den JAMES H. WHITE III
Contributing Editor

chance we would even see a watermelon before Easter. Watermelon, therefore, was not a difficult sacrifice to make. Lent is a preparation for the holiest time in Christianity: the death, burial, and resurrection of Jesus Christ. We have just completed the most joyful time of the Christian year: the celebration of the birth of our Savior. With its focus on self-denial and repentance, Lent suffers from unfortunate timing. The whole idea of giving up something for Lent somehow seems disheartening after the joy of Christmas. The act of going without something reminds us of the unfathomable sacrifice Christ made for us.

Let me change your perspective a bit. Christ "took up" the cross for us. During this season of Lent, ask what you could "take up" to further the work of Christ in our time. Could you sacrifice a bit of your time to do something good that

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www.stpatrickanglicanchurch.org

Find us on Facebook
"St Patrick Anglican Church"



We're formal, and we're friendly.

ST PATRICK Anglican Church REGULAR WEEKLY SCHEDULE

Sunday - 10:00 am
Holy Eucharist

Wednesday, 8:30 am
Men's Breakfast
Sunny Street Café
6021 Walker Blvd,
North Richland Hills, 76180

Wednesday, 6:30 pm
Evening Prayer & Bible Study

Thursday, 10:00 am
Morning Prayer

Friday 10:00 am
Morning Prayer



Father
Gerald Cope



Father
Sean Seaquist



Deacon
Bob Jones



Deacon
Jim White, III



Lay Reader
Ken Monk

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you don't usually do? Just before Christmas, I saw a post on Facebook that said:

"Do you want to keep Christ in Christmas?"

- ✦ Feed the hungry
- ✦ Clothe the naked
- ✦ Forgive the guilty
- ✦ Welcome the unwanted
- ✦ Care for the ill
- ✦ Love your enemies, and.....
- ✦ Do unto others as you would have them do unto you.

*T*he Christmas season is over. But these are seven good ideas if you want something to "take up" rather than "give up" for Lent.

*Love y'all,
Den. Jim*



FIXED HOLY DAYS IN MARCH

The Annunciation of The Blessed Virgin Mary

March 25
BCP Pg. 235

The Feast of the Annunciation commemorates how God made known to a young Jewish woman that she was to be the mother of his Son, and how Mary accepted this with perfect conformity of will. It has been said, "God made us without us, and redeemed us without us, but cannot save without us." Mary's assent to Gabriel's message opened the way for God to accomplish the salvation of the world. It is for this reason that all generations are to call her "blessed".



*(This article is based on information from: The Oxford Companion to the Bible,
Reese's Dictionary of Philosophy, Religion, Lesser Feasts and Fasts 2003,
The New Oxford Annotated Bible, RSV,
and the 1928 Book of Common Prayer.)*

LENTEN REFLECTIONS

Lent is a sacred time of the year. On the surface, many cringe at the thought of Lent approaching, but deep down, faithful Christians anticipate this holy time with hopefulness that it will produce good fruit in their lives.

Recall Jesus saying, “Enter through the narrow gate; for the gate is wide and the road broad that leads to destruction, and those who enter through it are many. How narrow the gate and constricted the road that leads to life. And those who find it are few” (Matthew 7:13-14). Entering through that “narrow gate” is a path that requires resolve and sacrificial love. In order to take that constricted and challenging road, we must face difficult aspects of our lives, including our sins.

Abundant Blessings: Lord, as the earth flourishes in spring, bless me with abundance in all areas of my life. Help me to recognize and appreciate the blessings You provide. *Amen.*

Growth in Faith: Heavenly Father, as plants grow and thrive, help my faith to deepen and expand. Guide me to trust in Your wisdom and to grow closer to You each day. *Amen.*

“You will never be happy if your happiness depends on getting solely what you want. Change the focus. Get a new center. Will what God wills, and your joy no man shall take from you.” *Venerable Fulton Sheen*

“Each generation is converted by the saint who contradicts it most.” *G.K. Chesterton*

“You will never be happy if your happiness depends on getting solely what you want. Change the focus. Get a new center. Will what God wills, and your joy no man shall take from you.” *Venerable Fulton Sheen*



"Lent is not something
we do for God – Lent
is something we do
with God."



"But if we confess
our sins, he is faithful
and just to forgive
us our sins and cleanse
us from everything
we've done wrong."

1 JOHN 1:9



St Patrick

March Parish Happenings

Sunday	10:00 AM	Mass and Holy Eucharist
March 20	11:30 AM	Annual General Meeting
Wednesday	8:30 AM	Men's Breakfast, Sunny Street Café
	6:30 PM	Evening Prayer, Bible Study
Thursday	6:30 PM	Morning Prayer
Friday	10:00 AM	Morning Prayer
First Friday of this month	10:00 AM	Rosary
" " " "	12:00 AM	Ladies Lunch

March Blessings

*We pray that our Lord watches over you
and blesses you on your Special Day.*



March 9	MARY MONK	Birthday
March 12	CHRIS MILLER	Birthday
March 14	KEITH DYKES	Birthday
March 16	Fr SEAN	Birthday
March 20	KEITH and STEPHANIE DYKES	Anniversary
March 22	JEANNENE WHITMAYER	Birthday

DUTIES FOR MARCH 2026

DATE	DEACON	LAY MINISTER	FLOWERS	COFFEE
MAR 1	JONES	WHITE	===	
MAR 8	WHITE	JONES	===	DUMBLE
MAR 15	JONES	WHITE	===	
MAR 22	WHITE	MONK	===	CUSTOR
MAR 29	JONES	WHITE	PALMS (<i>No Flowers</i>)	WHITE

READINGS FOR MARCH 2026

MAR 1	2nd SUNDAY IN LENT	MAR 8	THIRD SUNDAY IN LENT
	I Kings 8:87-48 Ps. 86, 142 (Pages 447, 518) I Thessalonians 4:1 St. Matthew 15:21		Deuteronomy 6: 1-9, 20-25 Psalms 25 (page 869) Ephesians 5:1 St. Luke 11:14
MAR 15	FOURTH SUNDAY IN LENT	MAR 22	FIFTH SUNDAY IN LENT
	Ezekial 89:21 Psalms 18: 1-20 (page 859) Galatians 4:21 St. John 6:1		Isaiah 1:10-20 Psalms 51 Hebrews 9:11 St. John 8-46
MAR 29	PALM SUNDAY	<p>We invite <u>YOU</u> to visit with us.... 315 A Harwood Road, Bedford, TX 76021</p> <p><i>Bring a friend or two</i> <i>"We are formal..... and we are friendly"</i></p>	
	Zechariah 9:9-12 Psalms 24, 97 Philippians 2:5 St. Matthew 27:1		

LENTEN SERVICES

MARCH

Sunday	March 1	10:00 AM	Mass
Tuesday	March 8	10:00 AM	Stations of the Cross
Wednesday	March 4	6:30 PM	Evening Prayer & Bible Study
Thursday	March 5	10:00 AM	Morning Prayer
Friday,	March 6	10:00 AM	Rosary
Sunday	March 8	10:00 AM	Mass
Tuesday	March 10	10:00 AM	Stations of the Cross
Wednesday	March 11	6:30 PM	Evening Prayer & Bible Study
Thursday	March 12	10:00 AM	Morning Prayer
Thursday	March 12	6:30 PM	Stations of the Cross
Friday,	March 18	10:00 AM	Rosary
Sunday	March 15	10:00 AM	Mass
Tuesday	March 17	10:00 AM	Stations of the Cross
Wednesday	March 18	6:30 PM	Evening Prayer & Bible Study
Thursday	March 19	10:00 AM	Morning Prayer
Thursday	March 19	6:30 PM	Stations of the Cross
Friday,	March 20	10:00 AM	Rosary
Sunday	March 22	10:00 AM	Mass
Tuesday	March 24	10:00 AM	Stations of the Cross
Wednesday	March 25	6:30 PM	Evening Prayer & Bible Study
Thursday	March 26	10:00 AM	Morning Prayer
Thursday	March 26	6:30 PM	Stations of the Cross
Friday,	March 27	10:00 AM	Rosary
Sunday	March 29	10:00 AM	Mass
Tuesday	March 28 ¹	10:00 AM	Stations of the Cross